

Oregon Dermatology and Research Center  
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**Hyperhidrosis Evaluation Form**

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: M or F Date: \_\_\_\_\_

*How would you rate the severity of your hyperhidrosis? Check one response*

- a. sweating is never noticeable and never interferes with daily activities \_\_\_\_\_
- b. sweating is tolerable but sometimes interferes with daily activities \_\_\_\_\_
- c. sweating is barely tolerable and frequently interferes with daily activities \_\_\_\_\_
- d. sweating is intolerable and frequently interferes with daily activities \_\_\_\_\_

*What is the focal location of sweating?* Axillae (under arms) \_\_\_\_\_ or other (if so where) \_\_\_\_\_

*Approximately how long have your symptoms been present?* \_\_\_\_\_ years \_\_\_\_\_ months

*Please specify if hyperhidrosis severely impairs the following daily activities:*

- a. occupational impairment \_\_\_\_\_
- b. physical activity \_\_\_\_\_
- c. psychosocial effect \_\_\_\_\_
- d. other \_\_\_\_\_

*Have you tried any over the counter antiperspirants? \_\_\_\_\_ If yes, for how long? \_\_\_\_\_ Was the treatment effective, tolerable and did you have any side effects? \_\_\_\_\_*

*Have you tried any prescription antiperspirants (like drysol)? \_\_\_\_\_ If yes, for how long? \_\_\_\_\_ Was the treatment effective, tolerable and did you have any side effects? \_\_\_\_\_*

*Have you ever treated your Hyperhidrosis with Botulinum Toxin Type A (Botox)? \_\_\_\_\_ If yes, for how long? \_\_\_\_\_ Was the treatment effective? \_\_\_\_\_ If yes, how long did the effects last? \_\_\_\_\_*

*Did you experience any side effects? \_\_\_\_\_*

*Have you ever had surgery for your Hyperhidrosis? \_\_\_\_\_ If yes, what was the date of the procedure? \_\_\_\_\_*

*Was the procedure effective? \_\_\_\_\_ Did you experience any side effects? \_\_\_\_\_*

*Other treatments or medications \_\_\_\_\_ Was it effective? \_\_\_\_\_*

*What was the length of treatment time? \_\_\_\_\_ What was the length of effectiveness? \_\_\_\_\_*

*Did you experience any side effects? \_\_\_\_\_*

*Additional Comments \_\_\_\_\_*